SPORTSMED-SA FIRST IN AUSTRALIA TO OFFER HIGH TECH NAVIO SURGICAL ROBOT

SPORTSMED-SA is the first hospital in Australia to offer patients access to a robotic Navio Surgical System – the latest robotic surgical assistance tool for the preparation for knee prosthesis implantation.

SPORTSMED-SA Hospital made local history when it successfully performed the first robotic-assisted partial knee replacement in South Australia in November 2015.

Following the success of the operation, SPORTSMED-SA has installed the Navio Surgical System – which is designed to assist orthopaedic surgeons with accurate and precise robotic guidance when operating on the knee – onsite at the Stepney Hospital.

Possible benefits of the Navio Surgical System include reduced pain, quicker rehabilitation and recovery, improved knee mechanics, lower risk of complications and a shorter hospital stay.

SPORTSMED-SA Orthopaedic Surgeon, Dr Shahram Shahrokhi, along with several other specialists are now pleased to offer robotic knee surgery following the landmark operation last November.

We are committed to providing our patients with the best possible orthopaedic care by offering our patients multiple treatment options including access to innovative and new technologies.

The Navio robot allows for accurate mechanical alignment and bone-cut placement, and it is possible this will result in better patient outcomes.

SPORTSMED-SA is the only hospital in the country to install the Navio Surgical System, which provides robotic surgical assistance during the preparation for prosthesis implantation and will be used initially by some of our surgeons for partial knee replacements.

Navio’s emerging technology also affords a surgeon greater advantages than its counterparts. Other robotic technology requires a large robotic arm which can cause sterility issues or interfere with the orthopaedic surgeon, whereas the Navio robot avoids any such complications with its miniaturised hand-held system.

The Navio robot also uses a well-established implant supplied and maintained by renowned surgical device specialists, Smith & Nephew, which has been utilised in Australia for five years unlike other new and unproven prostheses.

We are using a Navio robot married to a Smith & Nephew partial knee replacement implant, which has a proven track record of successful clinical outcomes.

It is anticipated by the end of the year that the Navio Surgical System will extend its capability to treat total knee replacements, with revision knee procedures and hip arthroscopy scheduled for 2017.

The following SPORTSMED-SA lower limb surgeons are trained to use the robot and will be providing patients the option of treatment using the Navio Surgical System.

Dr Adrian Bauze – Hip and Knee Specialist
Dr Shahram Shahrokhi – Knee, Shoulder and Hip Specialist
Dr Tony Spriggins – Hip and Knee Specialist
Dr Rob Wallace – Hip and Knee Specialist

Patients who are interested in the Navio Surgical System and whether they are suitable for treatment, can contact SPORTSMED-SA Orthopaedics on 08 8362 7788.

If you would like further information about the Navio Surgical System please contact our GP Liaison, Rachel White, on 0477 727 741 or at rachel.white@sportsmed.com.au. Rachel is available to visit your clinic and provide you with some clinical information on the robotic surgical system.
SPORTSMED-SA ORTHOPAEDICS NOW AVAILABLE NORTH

SPORTSMED-SA now provide an orthopaedics consulting service in the northern suburbs of South Australia at Salisbury Downs.

Having previously identified the northern region as a key area to extend our specialist services to, we partnered with the Europa Medical Centre to have an orthopaedic team consult at their Salisbury Highway premises.

SPORTSMED-SA orthopaedic surgeons Dr Adrian Bauze (Hip and Knee) and Dr Shahram Shahrokhi (Knee, Shoulder and Hip) commenced consulting at the new location on Wednesday, 8th June 2016.

The pair will offer their expertise every Wednesday afternoon on a weekly basis with appointments available for urgent enquiries.

Salisbury Downs is now the fourth SPORTSMED-SA location launched in the past 12 months following the opening of Victor Harbor, Kurralta Park and Woodville in 2015.

CEO of SPORTSMED-SA Hospital and Orthopaedics, Alan Morrison, was delighted with the opportunity that an orthopaedic practice presented to potential and existing patients in the north.

"The patient is at the centre of everything we do at SPORTSMED-SA and to now be able to cater to those in the north of our city is very pleasing,” he said.

"Patients from the north currently travel to our Stepney clinic and hospital despite the distance.

"We can see that as an inconvenience for some and as a result we have increased our commitment to providing more South Australians with greater access to quality and modern orthopaedic treatment and care in their local region.

"Our patients have really responded to that improved convenience at the recent locations we have introduced in suburban and regional areas, and we expect that to follow at Salisbury Downs in due course.

"While we only offer orthopaedic consulting in the north, we hope in the near future to open a standalone SPORTSMED-SA branch with a multidisciplinary suite of services."

Specialising in the assessment, treatment and recovery of sporting and arthritic musculoskeletal conditions, Dr Bauze and Dr Shahrokhi have extensive experience in providing your patients with the best possible orthopaedic care and treatment, with a focus on long-term outcomes. Their special interests include:

- **Knee Replacements using Robot and Computer Navigation**
- **Hip Replacements using minimally invasive Anterior and Posterior approaches**
- **Arthroscopic surgery of the hip, knee and shoulder**
- **Ligament Reconstruction**

Dr Bauze and Dr Shahrokhi are based at our purpose-built orthopaedic hospital, day surgery and multidisciplinary outpatient clinic at Stepney, with consultations also available at other convenient locations.

Dr Shahrokhi is available at SPORTSMED-SA Woodville and treats public patients at the Lyell McEwin Hospital, while Dr Bauze also consults from SPORTSMED-SA Kurralta Park and the St Agnes Specialist Centre at Ridgehaven.

Both surgeons treat private health members, uninsured and Return To Work SA patients.

"THE PATIENT IS AT THE CENTRE OF EVERYTHING WE DO AT SPORTSMED-SA AND TO NOW BE ABLE TO CATER TO THOSE IN THE NORTH OF OUR CITY IS VERY PLEASING."

Europa Medical Centre | 287 Salisbury Highway, Salisbury Downs. For all patient appointments and enquiries, please contact 08 8362 7788.

If you would like to arrange a time for one of our specialists to meet with the practitioners and staff at your practice to provide further information about our services, please contact our GP Liaison, Rachel White, on 0477 727 741 or at rachel.white@sportsmed.com.au.
Dr Martin eager to increase southern presence

SPORTSMED-SA Orthopaedic Surgeon Dr David Martin is excited to build upon his presence in the southern region of South Australia after expanding his practice to our Victor Harbor location.

Dr Martin joins our orthopaedic team at Victor Harbor where he will consult alongside Lower Limb and Paediatric Specialist Dr Matthew Hutchinson and Upper Limb Surgeon Dr Domenic Leonello.

Specialising in shoulder, knee and ankle surgery, Dr Martin has long consulted in the South of Adelaide at SPORTSMED-SA Morphett Vale and SPORTSMED-SA Kurralta Park, while based at our purpose-built orthopaedic hospital, day surgery and multidisciplinary outpatient clinic at Stepney.

With Victor Harbor an early hit amongst Fleurieu Peninsula locals following its opening in 2015, Dr Martin is committed to adding his expertise in the region for the long-term by continuing to deliver first-class orthopaedic treatment and patient care.

“Residents of the Fleurieu Peninsula have really responded and welcomed a SPORTSMED-SA location in their region as they now have local access to specialist treatment,” Dr Martin said.

“Following a vacancy at the location, I jumped at the opportunity to consult in Victor Harbor and continue to deliver a regular, long-term orthopaedic consultation service for the area.

“A number of my existing patients from the Fleurieu Peninsula travel considerable distances for their appointments so I’m delighted to offer my support and services within a close proximity to their hometown for their convenience.

“I also look forward to building relationships with a number of new patients in the area, who may have any orthopaedic, sporting and arthritic musculoskeletal injury concerns.”

Dr Martin provides treatment to private health members, uninsured and Return To Work SA patients.


If you wish to make an appointment for one of your patients with Dr Martin at SPORTSMED-SA Victor Harbor or any of his consulting and operating locations, please contact 08 8362 7788.

SURGEON SPOTLIGHT – DR ROB WALLACE

Dr Rob Wallace is a Hip and Knee Specialist based at our Stepney Clinic and Orthopaedic Hospital with consultations also available at our Blackwood, Mount Gambier and Darwin locations, and the Bordertown Memorial Hospital.

With a special interest in total hip and knee replacement surgery and ACL injuries, Dr Wallace also has extensive experience in the treatment and management of sporting, orthopaedic and arthritic conditions.

Dr Wallace is also trained to operate the robotic Navio Surgical System available at our hospital.

Specialties
- Sports injuries
- Total knee replacement
- Total hip replacement
- Anterior Cruciate Ligament (ACL) reconstruction
- Arthroscopy surgery of the knee

Qualifications and Experience
- Bachelor of Medicine, Bachelor of Science, Flinders University, 1997
- Intern, Royal Adelaide Hospital, 1998
- Basic surgical training, West of Scotland Basic Surgical Rotation, 1999-2001
- Fellowship of the Royal Australasian College of Surgeons, 2008
- Membership of the Royal College of Surgeons, Glasgow, UK, 2001
- Orthopaedic and Trauma Surgery Registrar, Flinders Medical Centre, Royal Adelaide Hospital, The Queen Elizabeth Hospital, Women’s and Children’s Hospital, Repatriation General Hospital and Modbury Hospital, 2002-08
- Fellowship of the Royal Australasian College of Surgeons, 2008
- Fellowship in Hip and Knee joint Replacement and Revision Surgery, London Ontario, Canada, 2009-2010
- Visiting staff specialist, Women’s and Children’s Hospital, current

Consultations available at:
- SPORTSMED-SA Stepney
- SPORTSMED-SA Blackwood
- SPORTSMED-SA Mount Gambier
- SPORTSMED-SA Darwin
- Bordertown Memorial Hospital

Personal interests
- Family and friends
- Food and wine
- Cycling
- Football
- Cricket
SPORTSMED-SA and Dr Jones & Partners are proud to host a workshop for general practitioners on the clinical assessment of common musculoskeletal conditions concerning the lower extremities.

Join our multidisciplinary team of experts on Saturday, 19th November 2016 at SPORTSMED-SA Stepney Clinic and Orthopaedic Hospital as they guide you through the practical hands-on workshop designed to assist GPs in their current practice.

Small group stations will provide the opportunity to practice techniques, discuss case studies and learn the latest and innovative treatment options available for patients experiencing lower limb injuries. Key topics include:

- Radiology imaging interpretation
- Clinical cases
- Examination techniques

A guided tour of the SPORTSMED-SA facilities during lunch will complement the day’s proceedings.

Participants will receive ACRRM and RACGP Category 1 points, while the workshop is approved for one day grant in emergency medicine or surgery.

The workshop has a maximum of 30 participants to enable a thorough and comprehensive experience, so don’t wait to apply and secure your spot now!

**DEMONSTRATORS/SPEAKERS**

- Dr Adrian Bauze – Orthopaedic Surgeon, Hip and Knee Specialist
- Dr Rob Wallace - Orthopaedic Surgeon, Hip and Knee Specialist
- Nick Delvins – Physiotherapist
- Dr Rob Buckley – Sports Doctor
- Kristian De Pasquale - Podiatrist
- Radiologist - TBC
- Dr John Cross – Facilitator

**COST:** $77.00 (incl. GST)

**LOCATION:** SPORTSMED-SA Stepney Clinic and Orthopaedic Hospital
32 Payneham Road, Stepney SA 5069

**TIME:** 8:00am – 4:30pm

To register for the event, please visit the Australian Medical Placements website at [https://www.ivvy.com/event/SM19No/](https://www.ivvy.com/event/SM19No/).

For more information please contact SPORTSMED-SA GP Liaison Rachel White on 0477 727 741 or at rachel.white@sportsmed.com.au.